

## WHOLE BODY SKIN CHECKS FAQs

### What is a whole body skin check?

A whole body skin check is a thorough check of the skin including spots, moles, blemishes, colourations, growths, etc. It allows doctor to check all areas of the body to determine if there are any areas for concern.

### Why should I have a whole body skin check done?

Australia's skin cancer rates are one of the highest in the world. Statistics show that two in every three Australians will be diagnosed with skin cancer before they turn 70. Most people do not have the knowledge or experience to monitor changes in their skin or how to recognise skin cancer signs. Let our qualified doctors assist you with early detection and preventative strategies to keep your skin safe and healthy.

### How long does it take?

A whole body skin check can range from 15 minutes to 30 minutes, depending on skin type. Your visit will also include a blood pressure check and pulse reading.

### How often should I have a whole body skin check done?

A whole body skin check should be conducted every 12 months to detect any changes in the skin. If you're concerned about any spots, moles, blemishes or colourations on your skin, contact us immediately for a skin check. If any areas of the skin need more frequent monitoring, we may put you on a 3 monthly recall list.

### What equipment is used?

We use advanced technology to look closely at your skin with immediate analyses and results. Our qualified doctors will use the solar scan machine however they can also use a dermatoscope if preferred.



Image source: [www.medgadget.com](http://www.medgadget.com)

### What if I don't want to have a whole body skin check done?

You are not obliged to have a whole body skin check done. However, if you choose to have a whole body skin check done, here's how it can benefit you:

- Education on skin cancer and preventative strategies
- Ongoing monitoring of changes in your skin
- Facilitate early detection and removal of skin cancer
- Live longer and healthier by looking after your skin

**To find out about our fees, visit our website [www.almastreetmedical.com](http://www.almastreetmedical.com), ask at Reception or call us on 07 4922 3300.**